

Festival de senderismo • Walking Festival • Rando Festival

15 al 18 de juliol 2021

100 km.
de senders



Festival de senderisme Vall Fosca Pirineus



Telefèric
1.750m - 2.200m




vall fosca
L'ENERGIA DELS PIRINEUS

WWW.VALLFOSCA.NET



Parque Hidroeléctric
de Capdella
RNACTEC



Ajuntament de
La Torre de Capdella


Diputació de Lleida




ORIGENS
El Pirineu Català




Jussà



IDAPA
Institut de Desenvolupament
i Promoció de la Pirineus. Un
món al servei del desenvolupament
i del benestar dels Pirineus i de la seva gent.




abasJussà


viu el jussà


Parc Nacional
d'Aiguastortes
i Estany de Sant Maurici

From 15th to 18th July
A festival that allows you to discover the valley and its people

THURSDAY 15th JULY

Dinner under the stars and night hike

Time: 5.30 p.m.

Distance: 4 km (descent from Estany Gento)

Height difference: 400 m

Physical difficulty: moderate

Technical difficulty: complicate terrain

Price: €40. Guidance, cable car, dinner and stargazing included.

Guidance: Albert Blázquez and Miquel A. Canal (Pirirek)

Stargazing: Celistia Pirineus

Max. participants: 20

DURING ALL THE FESTIVAL

EXHIBITION

The mountain fishermen

Opening hours of the Museum: from Tuesday to Saturday, from 11 am to 2 pm and from 5 to 8 pm. Sunday from 11 to 2 pm.

Price: free

FRIDAY 16th JULY

One day with Keller

Time: 8.30 a.m.

Distance: 13 km

Height difference: 675 m

Physical difficulty: exigent

Technical difficulty: pronounced slopes, complicate terrain

Age: Over 12

Price: €50. Guidance, cable car, lunch and visit of the Museum included.

Guidance: Albert Sangenis (Keller) and Álvaro Novo

Max. participants: 14

Let's learn about orienteering

Time: 8.30 a.m.

Distance: 6 km

Height difference: 400 m

Physical difficulty: moderate

Technical difficulty: pronounced slopes

Age: minimum 8, accompanied by parents or tutors

Price: €16 (adults) €8 (under 12).

Guidance, cable car and breakfast included

Guidance: Amaroq Explorers

Material: suitable clothes (according to the weather), middle mountain boots or mountain trainers, small rucksack (20 L), water, sandwich or lunch box.

Max. participants: 12

El Coll d'Oli, remains of an old volcano

Time: 6.00 p.m.

Distance: 5 km

Height difference: 200 m

Physical difficulty: easy

Technical difficulty: river crossing

Price: €12 (adults) €5 (under 12)

Guidance: Eureka SGN and Miquel A. Canal (Pirirek)

Max. participants: 14

SATURDAY 17th JULY

Let's discover Riquerna Valley

Time: 8.45 a.m.

Distance: 8,5 km

Height difference: 430 m

Physical difficulty: moderate

Technical difficulty: pronounced slopes

Price: €10 (adults) €5 (under 12). Guidance and breakfast included.

Guidance: Aigüestortes i Estany de Sant Maurici National Park

Max. participants: 20

Filià Valley, a glacial valley

Time: 8.45 a.m.

Distance: 12 km

Height difference: 700 m

Physical difficulty: exigent

Technical difficulty: pronounced slopes

Price: €16 (adults) €6 (under 12). Guidance and breakfast included

Guidance: Xavier Mir (guia interpretador) and Laia Valls

Max. participants: 12

Talk: Smart casual - the way people used to dress in the mountain one hundred years ago

Time: 7.00 p.m.

Place: Espui (old school)

Price: free

By Albert Sangenis

SUNDAY 18th JULY

Hike, ceramics and typical Pallars aperitif

Time: 9.00 a.m.

Distance: 5,2 km

Height difference: 100 m

Physical difficulty: easy

Technical difficulty: without technical difficulty

Price: €18. Guidance, workshop and aperitif included.

Age: over 16

Guidance: Miquel A. Canal (Pirirek)

Ceramic workshop: La Santolina (Andrea Vives)

Max. participants: 6

Stock activity in Vall Fosca landscapes

Time: 8.30 a.m.

Physical difficulty: very easy

Technical difficulty: without technical difficulty

Price: €16 (adults) €8 (under 12).

Guidance, cable car and breakfast included. Recommended for adults

Guidance: Marc Porta

(Goosquerat) and Laia Valls

Max. participants: 14

Let's discover the river wildlife

Time: 10.00 a.m. - 1.00 p.m.

Physical difficulty: very easy

Technical difficulty: without technical difficulty

Price: €14 (adults) €6 (under 12)

Guidance: Albert Cereza (Salvatgines)

Max. participants: 20